



## THE CHANGING LIVES INITIATIVE

Supporting families with children at risk of ADHD



*Is your child always on the go, more so than other children?*

*Does your child have a short attention span?*

*Does your child often act without thinking?*

Learn more about **ADHD**, what behaviours are consistent with it & get some tips and parenting strategies.

### FREE Parent Information and Awareness Sessions by ZOOM

**19<sup>TH</sup> November 2020 @ 6pm – 8pm**

**20th November 2020 @ 10am – 12pm**

**Facilitated by**

**Psychologist, Clare McGready**

**To reserve your place email**

**[christina.ryan@cclp.ie](mailto:christina.ryan@cclp.ie)**



Northern Ireland - Ireland - Scotland

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